

AUTUMN DANCES INTO WINTER

The season turns again - long sunny days give way to nights closing in and damp mornings. There are falling leaves, changing colours, misty valleys, the earthy smell of wet woods, fungi erupting from deep below the earth, cobwebs touched with dewdrops, creatures preparing to hibernate, plants wilting and dying, winds rising and days shortening.

This is a beautiful season, when we can begin to take stock and settle into a quieter time. We bring our thoughts and beings into a more internal world, allowing the spirit to readjust itself to the darker time of the year. This is the sleep time, when we give ourselves the opportunity to be creative and to blossom from somewhere deep within, letting the mind rest and allowing our subconscious to have free rein.

Responding to the wild walk in ancient woods we shall be dancing autumn dances and creating autumn art.

DANCING INTO ELEMENTAL ART



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Wendy Hermelin

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West Dorset

21st and 22nd October 2017

A weekend of creative expression inspired by a wild walk in ancient woods of west Dorset

Led by Wendy Hermelin

COURSE DETAILS

We shall meet at the beautifully situated village hall in Salwayash, near Bridport, and then travel to a site near the coast to walk and notice textures, shapes, sounds and images by touching, listening and looking.

After the walk we shall return to the village hall, to interpret our experiences through dance, movement and other art forms such as drawing, writing, painting, stitching or collage.

The course will run with the aim of creating a group response to the elemental walk. We shall work alone, in pairs and small groups to this end.

The weekend is open to anyone with an interest in creative expression through movement and the arts. No experience is necessary as you will work at your own level.

Wendy Hermelin is a Laban dance-trained choreographer, a textile artist and a qualified teacher. She works in schools and the community, with all ages.



BOOKING INFORMATION DANCING INTO ELEMENTAL ART

21st and 22nd October 2017

Workshop fee: £130.00

Please book by 14th October

Please send a minimum deposit of £50.00 to reserve a place, the remainder to be paid by 14th October. The fee will include tea, coffee, biscuits and some art materials.

On receipt of your booking form and deposit you will be sent further details of the workshop including a timetable and what to bring.

Please make your cheque payable to Wendy Hermelin and send to the address on the booking form.

BOOKING FORM

DANCING INTO ELEMENTAL ART

21st and 22nd October 2017

Please fill in the form and send with a cheque to Wendy Hermelin at Hitts Cottage, Whitcombe Road, Beaminster, Dorset DT8 3NE

Name:

Address:

Post code:

Telephone No:

Mobile No:

Email:

I enclose a cheque for £50 / £130

Signed: