



The Laban Guild Annual Summer School

from 17th to 19th August 2018

At the University of Bedfordshire
Bedford Campus MK41 9EA

INSIDE THE DANCE!

3 days of enjoying and creating dances and exploring meaningful movement

The course will offer:

- Further Laban Studies and Choreography with Anna Carlisle.
- The creation of a dance theatre piece with Cathy Washbrooke
- The opportunity to gain a Level 1 Certificate in Developmental Movement from the Sherborne Association www.sherbornemovementuk.org

PLUS the opportunity to Mix and Match from the above AND work on specialist options with other tutors AND a chance to dance with everyone on the course at the beginning and end of each day.

There will be a range of optional activities in the evenings.

Reasonably priced basic student accommodation is available on Campus.

Further information and a booking form can also be found on www.labanguild.org.uk

or from Ann Ward, coursesofficer@labanguild.org.uk.

THE PROGRAMME will allow participants to specialise in their chosen option and provide opportunities to work with other tutors and course members at the beginning and end of each day. See back page.

STRANDS:

1. ANNA CARLISLE: choose Friday, or Sat/Sun, or all three days

Friday: MIRRORS - these two Choreutic classes will focus on experiencing the 'B scale' - a mirroring of the 'A scale'. These specific scales were created by Laban as a means of harmonic technical training to develop awareness of three-dimensionality in space

Saturday and Sunday: WRITING IN SPACE: DYNAMIC VARIATIONS - the sessions will use Calligraphy as a choreographic script for exploring the dynamic changes in calligraphic phrasing. The translation into dance phrasing will form the creative material to be shaped into short choreographic works.

2. MIX AND MATCH: choose Friday, or Sat/Sun, or all three days

Friday am: Cathy Washbrooke will lead a session introducing or revisiting Laban analysis through dance.

Friday pm: "Movement is the Song of the Body" - Musicality in Laban's Dance World.

Angelika Wolf of the Orff Institute, will offer a journey to the common roots of movement and music found within ourselves, starting with our breath and heartbeats, evoking a personal response and leading to the use of musical accompaniment to make your own dance music.

Saturday and Sunday: Constructing a new DANCE THEATRE piece with Cathy Washbrooke.

Suitable for dance and drama teachers and those wishing to explore this application of Laban based work.

3. THE SHERBORNE STRAND – DEVELOPMENTAL MOVEMENT: all three days.

Led by **Alleyn Cliffe** and **Penny Rance**, those completing this strand will gain a level 1 certificate from the Sherborne Association, qualifying them to use this method within their own workplace. See back page for further details.

Sessions will start at 9.30am and end at 5.15pm on Fri/Sat, 4.00pm on Sun.

THERE WILL ALSO BE A PROGRAMME OF OPTIONAL EVENING ACTIVITIES.

THE VENUE: The Bedford Campus (MK41 9EA) of the University of Bedfordshire

is attractive and compact with designated dance spaces. Accommodation is available on campus either in student single en-suite rooms or student single rooms with shared bathroom facilities. Early booking is advised to ensure the accommodation of your choice. The internet will provide other options around Bedford if you prefer.

You can pre-order a light lunch for £5.00 per day (including vegetarian options) and refreshments for break times at £5.00 for three days. You are invited to join us for a meal on Saturday, to be paid for by you on arrival, if you choose to join us.

ACCOMMODATION:

Single en suite with shared kitchen and sitting area: £30.00 per night

Single room with shared bathroom facilities and kitchen: £25.00 per night

TUITION FEES:

Three days: Members £175.00 Non members £225.00 Students £100.00 or £150.00

Single days: Members £60 Non members £80.00 Students £35.00 or £55.00

Membership of the Laban Guild - £25.00 UK Students £15.00 Go to www.labanguild.org.uk.

Members rates also apply to Sherborne Association and KFA members.

Bursaries, for 50% of fees, may be available for suitable candidates at the discretion of the Laban Guild Council, if the cost of attending is a problem, please ask for details.

PLEASE FILL IN YOUR OPTIONS ON THE PAGE OPPOSITE (see back page for details)

In the event of the course not running, all money will be returned.

CLOSING DATE FOR BOOKING AND FINAL PAYMENTS: 3rd AUGUST

For further information please contact: Ann Ward,

Phone: 01920 465 232 Mobile (**16 - 19 August ONLY**) 07943 017724

Email: coursesofficer@labanguild.org.uk

BOOKING FORM: SUMMER SCHOOL 17 - 19 AUGUST 2017

Are you a member of the Laban Guild, Sherborne Institute or KFA? Yes No
(Go to www.labanguild.org.uk to join the Guild.)

Name: _____

Address: _____

Post Code: _____ Phone: _____

Email: _____

CHOICE OF PROGRAMME. Please mark your preferred strand:

Strand 1 Anna Carlisle 1. Fri 1. Sat/Sun 1. All

Strand 2 Mix and Match 2. Fri 2. Sat/Sun 2. All

Strand 3 for the certificate from the Sherborne Institute 3. All

Please mark the days you wish to attend 17th 18th 19th

Please mark the nights for which you require accommodation: 16th 17th 18th 19th
(£25.00 or £30.00 per night)

Pre-order lunch @ £5 per day? 17th 18th 19th

Vegetarian? Yes No

Pre-order refreshments for breaks @ £5 for 3 days? Yes No
(or pay as you go at £1.00 per break)

Please reserve me a place for £50, deductible from total fees, only returnable in the event of the course not running.

Total payable = tuition fee + accommodation + lunches + breaks as required

Total amount due: _____

Receipts will be given and further information sent nearer the time.

PAYMENT:

If paying by cheque, please make it payable to The Laban Guild, and send it with your booking form to Ann Ward 56 Lower Bourne Gardens, Ware, Herts SG12 0BG marked "Summer School".

Or return the form online and pay directly into our account clearly identifying your payment with your name and code SUM18.

The Laban Guild Sort 20-88-13 Acc. 10499420

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The Laban Guild may use images and videos from this Summer School for publicity purposes.

Do you mind being filmed/photographed? Yes No

SUMMER SCHOOL PROGRAMME

First session on Friday morning, everyone will have the opportunity to dance together and get to know each other in the introductory session taken by Cathy.

On Sat. and Sun. there will be the option of a technical study or improvisation to start the day. Each day will end with the opportunity for everyone to dance together again.

Special options are sessions of 90 minutes each, before and after lunch.

Strand 1: Anna Carlisle:

You may choose either Friday and then change, or both Sat. and Sun, or all three days.

Strand 2: Mix and Match:

Choose Friday am working with Cathy Washbrooke before lunch and Angelika Wolf after. or Sat. and Sun. working with Cathy Washbrooke on a dance/drama, or all three days.

Strand 3: Developmental Movement: Training for your level 1 certificate. All three days.

ANNA CARLISLE MA.

Anna Carlisle is a freelance lecturer and choreographer specialising in Laban Studies and Dance Education. She was a scholarship student at the Royal Academy of Ballet before training in Modern Dance at the Art of Movement Studio under Lisa Ullmann. She has taught extensively on the National and International circuits, specialising in Laban Studies, Choreography and Dance Education. She was a faculty member of Trinity/LABAN lecturing in Choreological Studies and Dance Analysis. DVD productions include Mapping Space: Choreographic Resources for Dance Education and Living Architecture, Rudolf Laban The Geometry of Dance. Anna is President of the Laban Guild and Chair of the Lisa Ullmann Travelling Scholarship Fund. She was awarded the MBE for Services to Dance in 2003.

CATHY WASHBROOKE, MA, PGCE (QTS)

Cathy Washbrooke is a freelance dance artist, performer, choreographer and educator of over 25 years experience. Cathy is currently a PhD candidate at Coventry University, combining somatic practices with Laban principles in site-specific dance. Most recently Cathy has held post as Lead Qualifications Developer at AQA Education for GCSE, AS and A-level Dance and Drama qualifications for curriculum reform. Cathy trained at LABAN achieving a BA (Hons) Dance Theatre, further accreditation with a PGCE (QTS) in Dance and MA Dance Making and Performance and MA Dance in Education. Previously, she has worked as a Dance and Drama Teacher and Lecturer in Secondary, Further and Higher education notably at the Royal Academy of Dance and University of Hertfordshire. She is also Artistic Director of Cathy Washbrooke Dance; undertaking Laban commissions for the KFA and dance direction and choreography. www.cathywashbrookedance.com

THE SHERBORNE ASSOCIATION – DEVELOPMENTAL MOVEMENT

Veronica Sherborne's movement approach was based on Rudolf Laban's Movement Analysis. Her original training was in Physical Education at Bedford and later Physiotherapy. Her early work was in adult mental health. The programme is therapeutic, fun, and encourages participation and interaction in a non judgemental way. Its origin is in children's natural development; physically, socially, and emotionally, promoting non verbal communication. Body awareness, spatial awareness, movement quality and developing relationships are all key elements in building self confidence and trust. The work can be used to enhance the movement experiences of children, to help parents and carers relate to their children physically and, by extension, can be used therapeutically with children or older people with various types of disability or relationship problems. The emphasis will be on practical work, supported by power point presentations and discussion.

Alleyne Cliff and Penny Rance, both experienced International Course Leaders, will be delighted to lead a 6 hour Certificated Level1 Course at the Summer School in Bedford.

For further information, go to www.sherbornemovementuk.org